**Movement Control and Treatment of Neck and Back Problems**

Movement control has now a strong recommendation for treating back problems. And by neck problems movement / motor control issues are also an important subgroup of patients. In this course we will look the newest studies and evidence in the movement control issues. You will get a clear and easy test batteries for back and neck. From the test you can get a clear understanding, which exercises are good for whom.

Objectives: after the course the participants will:

* Have a good overview of the current evidence about movement control impairments of the back and neck
* Can execute reliable test batteries for movement control problems
* Can give clear and easy exercises for their patients with back or neck problems